



Lumen News

March 31st, 2023

Our Mission:

As a ministry of St. Benedict Parish,
Lumen Christi High School provides a rigorous Catholic education in a Christ-like environment!

Our Core Values:

Living Faith, Celebrating Family, and Achieving Excellence

Important Upcoming Dates

- April 4:** 40 Cans for Lent and House Bowl complete
- April 6:** Holy Thursday/Stations of the Cross, 1pm
- April 7:** Good Friday (No School)(Archdiocese Faith Walk–Start at Lumen at 8am)
- April 9:** EASTER SUNDAY
- April 10:** Easter Monday (No School)
- April 11:** Guest Speaker (Dr. Chris Baglow titled “Faith and Science: How and Why”), 1-2pm
- April 13:** Esto Vir Men’s Group, 6-8pm
- April 16-22:** CLOSE UP Trip to Washington DC
- April 18:** School Board Meeting, 6pm followed by Townhall meeting to discuss move to 3A sports, 7:15pm
- April 19:** JH PSAT Testing/HS “Day of Service” (details to follow)
- April 20:** Principal-Parent Forum, 7pm followed by Townhall meeting to discuss move to 3A sports, 8pm
- April 27:** St. Elizabeth Ann Seton School Science Day, 12:30-3pm @ Lumen (5th and 6th graders only)
- April 28:** Community Talent Show, 6-8pm (details below)
- April 29:** High School Prom–Viking Hall, 8-11pm
- May 5:** Last Day with Class of 2023 (Transfer of the Light of Christ Mass @ 7:45am and May Crowning) and Farewell “Cinco De Mayo” Party for departing teachers from 1-3pm (details below)
- May 8:** Class of 2023 Senior Celebration Parade, 6-8pm (details to follow)
- May 10:** Class of 2023 Baccalaureate Mass, 7pm
- May 11:** Class of 2023 Graduation, 7pm
- May 22-23:** Final Exams (dismissal at 1pm)
- May 23:** Students Last Day/Summer Break Begins!

Principal's Update

Many thanks to the 50+ people who attended Tuesday night's Spring Speaker Series in person and the dozen or so more who gathered and watched the online livestream. Our guest panelists, including our very own Ms. Brewer, provided a wealth of information about college planning. If you missed it, I highly encourage you to watch the recorded event on our Facebook page. And SAVE THE DATE for the next iteration of the Fall Speaker Series on Thursday, October 5th! More details about the fall topic to follow!

Congratulations to Class of 2023 Seniors Emily Ross and Natalie Grubba who were named to the Alaska Association of Basketball Coaches (AABC) 1A Girls All-State First Team! Emily and Natalie will play in the 2023 Senior All-State Game scheduled for Saturday, April 15th at 5:30pm at Grace Christian. Please come out to cheer them on!

In addition, our high school girls basketball coach, Mr. Kenny Barker was named the 1A Girls Coach of the Year! This marks the second year in a row that our awesome basketball coaches have earned this illustrious honor (Adam Trombley earned 1A Boys Coach of the Year in 2022)! Well done to Emily, Natalie, and Coach Kenny!

Both our junior high Futsal indoor soccer teams and junior high/high school track and field teams have been busily practicing and preparing for competition. We hope you will come out to support our Futsal teams in their Saturday jamboree tournament @ Lumen from 9am-2pm.

Finally, the news this week reported on another tragic school shooting, this time at a private Christian school in Nashville, Tennessee. There is nothing more heartbreaking, sad, and senseless. Our thoughts and prayers go out to the students, staff, and families impacted by this horrific tragedy.

At Lumen, I assure you that we remain committed to the safety of our students and staff each and every day. As a former Marine Corps infantry officer, please know that I take my responsibility for the safety and security of our school very seriously. To this end, I have personally met with local law enforcement to further assess and update our security program. We will continually update and enhance our procedures as often as necessary. If you have any questions, or would just like to talk about safety procedures, please do not hesitate to call me or email. Blessings, Brian

Virtue of the Week



Please click [here](#) for more information on the virtue of the week:

Front Office News

Archangel Attic Help Needed!



To parents who have been helping with the Archangel Attic thrift store shifts.

THANK YOU!!

We're in the homestretch of the school year and could use some parent help inbetween now and May. This is a **GREAT** way to get your Parent Share Hours in.

CAN YOU HELP?!

Click Here to sign up for a shift → <https://signup.com/go/MjHfAVB> ←

NOTE: We need 2 volunteers tomorrow - Saturday, April 1st from 1-4p

(plus other shifts later in the month, too!) Sign up for tomorrow's shift tho and get **DOUBLE** Share Hours!

Hot Lunch Heads Up

Students, parents and lunch workers,
starting **April 5** ALL SCHOOL LUNCHES WILL BE **CASH ONLY-NO EXCEPTIONS.**
Due to paying all school fees in a timely manner.

NO hot lunch on Wednesday, April 19th!
Please send your students with a bag lunch that day.

Science Day

April 28th: St. Elizabeth Ann Seton (5th & 6th grade) + Lumen Christi Science Day is **BACK!!**



We're thrilled that after a several year hiatus, the SEAS+Lumen Christi Science Day is back! Our high school biology, physics and biotechnology students can't wait to host the 5th and 6th graders from our sister school for an afternoon of STEM (science, technology, engineering and math) exploration and activities. Electricity, freezing points, waves, liquid nitrogen and MORE!

Are you an employee of a company with a STEM focus? Are you interested in STEM activities yourself? We're currently looking for sponsors for this event and would welcome your participation!

Your financial sponsorship at any level will help purchase needed supplies and materials and will support hands on learning! Please call Anne at 907-273-1538 to learn more.

School Board Members Needed

Lumen Christi High School is currently seeking **two** interested parents or community members to join our School Board. Members serve a four year term. The School Board currently meets on the 3rd Tuesday of each month, August - May, either online or in person. If you are interested in serving on the School Board, please contact Fr. Tom Lilly at tlilly@stbenedictsak.com or 907-317-9042.

College, Career, and Vocation Information

Please click on the link for the most current information from our Dean of Academics and Senior Advisor, Mrs. Brewer. This is great information not just for our current seniors and their families, but juniors and their families too - it's never too early to start planning for your time after high school!

[News From Mrs. Brewer](#)

Farewell Celebration



CINCO DE MAYO

Farewell celebration honoring
Mrs. Zorea, Mr. Bauzon, Dr. Carlson & our outgoing seniors!

Friday, May 5th

1:00 - 3:00 pm
Lumen Christi's Picnic Area
Food & drinks will be available
(but donations gratefully accepted to help offset cost!)

Please RSVP before May 1st
ALL FRIENDS AND FAMILY ARE WELCOMED



Click here to RSVP: [Cinco De Mayo RSVP](#)

Archangel Sports

Jr High Soccer

Final Jamboree
Saturday, April 1st
9am - 2:30pm @ Lumen Christi

Track and Field

Meets, TBA

Campus Minister Thoughts



You like what you like.... You know? I like vanilla ice cream. I have been told it is just too 'plain', but I like it.

One of my favorite Catholic traditions is the Stations Of The Cross. To actually walk with Christ as he is crucified..... For our sins.... Is so powerful.

About 7 years ago, I was able to pinpoint my favorite station that is proclaimed in the book that Saint Benedicts uses. It is station 6. Veronica wipes the tears of Jesus... why?

For this one line of text.....

A faithful friend is a sturdy shelter, he who finds one finds a treasure.

Do you know the favorite station of your kids, or of your spouse? Ask them why that station speaks to them so powerfully.

On Good Friday (4/7/23) St Benedicts will host a Good Friday Faith Walk. We start at the gym at 8am, then walk to the park strip where we start the stations, culminating at the PAC with other Parishes. We finish the stations as a diocese. Very powerful day.

Bring your student. Walk with them. The time spent with them will lead to meaningful conversation. We leave the gym at 8am. Be prepared for getting wet.

If you are unable to garner a ride from downtown when finished, we will have buses taking folks back to the gym. I prayed today that we have to make MANY round trips with buses to get us all back to the school.

If you are unable to join, know that you are in our prayers. We have a Lumen Christi prayer book of intentions, that I will carry on the Faith Walk, if you want to have your student add them before we walk.

St. Benedict Parish News & Invitations

*St. Martha's 3rd Annual
Grilled Cheese + Soup Dinner*

Friday, March 31st 5:45 PM
In the parish hall
All are invited!
\$ Cash donations welcome \$



**St. Martha's 3rd Annual Grilled Cheese +
Soup Dinner**

Join us!



Super Sunday Fun for All Ages!

Contact Gabe O'Lena: golena@stbenedictsak.com for a schedule of events and activities!

Holy Thursday Retreat

Thurs. **April 6th** followed by the Good Friday Faith Walk





GOOD FRIDAY FAITH WALK

APRIL 7, 2023

Please Join Us on a Journey of Faith

All-loving and forgiving God, give us the courage to see ourselves with humility and honesty. Open our hearts to receive your forgiveness and your healing love. Then, as you forgive us, help us to show mercy and kindness to others. Help us to stand for what is right and to speak out against injustice, so that by our words and our example we may give witness to your saving power.

STARTING SITES AND TIMES:

- 8:30am – Cathedral of Our Lady of Guadalupe, 3900 Wisconsin Street
- 9:00am – Glenn Square Mall outside space next to Kriner's Burgers & Pies
3090 Mountain View Drive (meet 8:00am at St. Andrew Parish)
- 9:00am – St. Anthony Church, 825 South Klewin Street – St. Anthony Parish
- 9:30am – JBER, Government Hill Curling Club, 711 East Loop Road
- 9:45am – Captain Cook Statue, West 3rd Avenue & L Street
St. Elizabeth Ann Seton Parish
- 10:00am – Pioneer Home, (Pioneer Home residents only — sitting only)
- 10:00am – Brother Francis Shelter, 1030 East 3rd Avenue – Holy Cross Parish
- 10:00am – Abused Women's Aid in Crisis (AWAIC), 100 West 13th Avenue &
A Street – St. Patrick Parish
- 10:15am – The Old Alaska Native Medical Site, East 3rd Avenue & Gambell Street
- 10:30am – Alaska Railroad Station, 411 West 1st Avenue
St. Andrew Kim Korean Parish
- 10:30am – Anchorage Cemetery, Unborn Memorial, East 9th Ave & Cordova
(9:15am at St. Andrew Parish)
- 10:30am – Covenant House, 755 A Street
- 10:30am – Delaney Park Strip, Papal Mass Site, West 10th Avenue & M Street
St. Benedict Parish
- 10:30am – Holy Family Cathedral, West 5th Avenue & H Street
- 10:30am – Chancery Center, 225 Cordova Street
- 10:45am – Downstairs Lobby of the Performing Art Center

The walk concludes with all groups meeting at the Town Square / Alaska Center for the Performing Arts at 11:15am to pray the last three Stations of the Cross together.

Esto Vir Mens Group

Fr. Matthew Heynen from Holy Family will be presenting at our next Esto Vir.
It will be on **April 13th at 7PM**. Food and topic to be announced.

This invitation is from Mario Bird and **40 Days for Life**, join us if you can.

Dear Gents,

Passion Week is upon us, and that means Catholic Men for Life on the Saturday before Palm Sunday. **This marks 10 years from the very first Catholic Men for Life prayer vigil back on March 23, 2013.** Some of you may recall that Archbishop Schwietz made an appearance, Mass was said by Fr. Paul Raftery, and we had over 50 men in attendance at the Mass and during the initial rosary vigil.

One decade in, we are still fighting for life. *Roe v. Wade* is gone, but abortion is still legal in Alaska.

Fr. Tom Lilly will be saying Mass at 7 am, assisted by the St. Benedict's Knights of Columbus. I plan to pray the rosary until 3 pm afterwards. I hope that you can join us. If not, please keep us in prayer.
Saturday, April 1 at 7:00 a.m.

the parking lot behind 4050 Lake Otis Parkway (across Lake Otis, to the west of Planned Parenthood)

donuts and hot cocoa/coffee will be provided afterward!!

bring signs if you would like to join in procession after Mass to pray for a bit outside Planned Parenthood

In Christ through Mary,

MB

St. Therese's Camp Young Adult Retreat






Child Abuse Prevention Month

As you may know, April is Child Abuse Prevention Month and we join with dioceses and organizations across the country in this recognition.

This year I encourage you all to participate in a variety of ways working towards further awareness and prevention focusing on the dignity of children and families and the support needed to provide children safe, caring and loving environments in which to flourish.

I am attaching a calendar with daily activities that parishes, individuals and families can participate in throughout our Archdiocese. I am also attaching how to make a pinwheel and ideas for communication for your websites and prayer intentions.

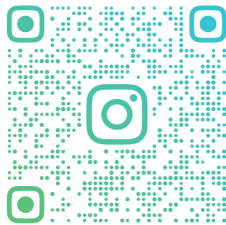
Attachments:  CAPM parish communication schedule 2023 (1).docx
 how to make a pinwheel copy.pdf  CAPM monthly calendar.pdf

Also, on Tuesday, April 11th, Archbishop Andrew will have an hour of prayer for prevention and healing at 6:00pm at the Cathedral of Our Lady of Guadalupe in Anchorage.

Thank you for your continued support in the efforts of Safe Environment and Child Protection.

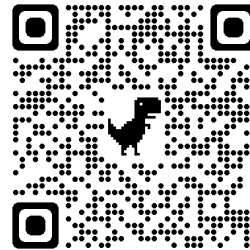
In Peace,
Jenny

Follow Lumen Christi on Instagram and Facebook!



LCHS_STUDENT

https://www.instagram.com/lchs_student/
@LCHS_STUDENT



<https://www.facebook.com/lumenchristiak>

Stay up to date on things at St. Benedict's Parish!



<https://stbenedictsak.com>

Share Hour Opportunities

Prom

<https://signup.com/go/XamiDmu>

Archangel Attic

<https://signup.com/go/MjHfAVB>