



Lumen News

January 27th, 2023

Our Mission:

As a ministry of St. Benedict Parish,
Lumen Christi High School provides a rigorous Catholic education in a Christ-like environment!

Our Core Values:

Living Faith, Celebrating Family, and Achieving Excellence

Important Upcoming Dates

- January 27:** All School Rosary and Mass, 7:45am
- January 28:** Lumen "Lock In" @ Lumen, 3-9pm (sponsored by Big A/little a)(details below)
- January 29-Feb 4:** Celebrate Catholic Schools Week (CSW) (see schedule below)
- January 28-29:** Wear your Lumen uniform to Mass or church service and earn double Faith in Action hours!
- January 30:** Student Awards Assembly, 1pm (gym)(parents are invited!)
- January 31:** CSW Mass at OLG, 10am
- January 31:** 7th Annual State of the School, 7pm (all are invited!)
- February 2:** CSW Vocations Panel, 1pm (gym)
- February 4:** St. Benedict's Father/Daughter Dance (details below)
- February 9:** St. Benedict's Esto Vir Men's Event, 6-8pm (details below)
- February 10:** All School Mass and Rosary, 7:45am
- February 11:** **Denim & Diamonds!** Annual Fundraising Gala
- February 16:** P-T Conferences, 2:30-7pm
- February 17:** Inservice Day/No School
- February 17-19:** St. Benedict's Winter Retreat (10th grade and all high school)
- February 20:** No School (President's Day)
- February 21:** School Board Meeting, 6pm
- February 22:** Ash Wednesday (Friday B schedule w/7th period)(Lent Begins)
- February 27:** Stations of the Cross, 7th period
- March 1-4:** Regions BB Tournament (Lumen)(details below)
- March 3:** All School Mass, 7:45am
- March 6:** Stations of the Cross, 7th period
- March 10:** Inservice Day/No School (start of Spring Break)
- March 15-18:** 1A/2A Alaska State Basketball Championships
- March 20:** Return from Spring Break/Stations of the Cross, 7th period
- March 23-25:** 4x4x48 Extreme Retreat (details below)
- March 28:** Spring Speaker Series, 7pm

Principal's Update


This week, we inducted five new members into our National Honor Society chapter. Congratulations to sophomores Kyle Boquet, Lane Crosby, Hayden Estabrook, Lucille Stephens, and Amara Warren!

We wish our high school basketball teams good luck in upcoming competitions versus Birchwood (Thursday) and Cook Inlet Academy (Friday). Many thanks to the parents who are stepping up to volunteer in the concession stand and the admissions table. Our junior high volleyball team competes in a jamboree on Friday as well.

Our prayers are also for our students who are coming to Saturday's Lock-In, sponsored by our Big A/little a program. Mrs. Bouton and seniors Sam Kaplan and Tate Hart have put in a lot of hard work to pull off a bunch of fun activities to help build community among our student body, so please encourage your son or daughter to attend!

This weekend, I ask that you have your son or daughter wear his or her Lumen Mass uniform to your home parish Mass, or St. Benedict's Saturday or Sunday Masses, or your family's faith/worship service. Students will show their pride in our school AND will earn double Faith in Action hours for their Parish bucket! Since this weekend is the Second Collection for Catholic Schools and the kick off to Catholic Schools Week, we want to put our awesome students on full display throughout the Anchorage community!

Next week, we join hundreds of other Catholic schools and thousands of other Catholic school students in Celebrating Catholic Schools Week! We have a multitude of activities and events planned. We hope you will join us for the Student Awards Assembly on Monday and the All Schools Mass (10am) and especially the 7th State of the School (7pm) on Tuesday. Here is our full schedule—help us celebrate our wonderful Catholic school community!



Catholic Schools Week 2023

January 29–February 4

www.NCEA.org/csw #CSW23

Monday	Tuesday	Wednesday	Thursday	Friday
Celebrate Our Students	Celebrate Our Community	Celebrate Our Nation	Celebrate Our Vocations	Celebrate Faculty & Parents
<ul style="list-style-type: none"> • Personal letters to each student plus tasty treat • Student Awards Assembly, 1pm • Wear Student Uniform 	<ul style="list-style-type: none"> • All Catholic School Mass at 10am at OLG • 7th Annual State of the School, 7pm • Wear Mass Uniform 	<ul style="list-style-type: none"> • Prayer intentions for our Nation, Military and First Responders • Wear Red, White, and Blue 	<ul style="list-style-type: none"> • Vocations Panel, 1pm • Wear Spring or Winter Themed clothes (Groundhog Day) 	<ul style="list-style-type: none"> • School Board Surprises • Blessing of Throats (St. Blaise) • Wear House Colors
<h3>“Souper Bowl” and Prayers for Priests all week</h3>				

Virtue of the Week



Please click here for more information on the virtue of the week:

<https://virtuestrength.org/sites/default/files/newsletter-assets/Foresight%202022-2023%20MINI%20PDF.pdf>

Front Office News



**EXTRA! EXTRA! Read all about it!
Please watch your email in-boxes for a
“Denim and Diamonds” Lumen News
Special Edition - delivered to your email
inbox this coming Sunday!**

There will be loads of updates, information on all of the amazing things we'll have for auction and more! Pour your morning coffee, open it up, sit back and get caught up on just about darned near EVERYTHING that has to do with the Gala!

Big A/little a Lock-in



Calling all Archangels! Back by popular demand, an all school "Lock In" hosted by Big A/little a.

Join us from 3-9 (doors are locked at 4 so don't be late) for food, fun and fellowship in the Lumen Community! This is not a sleepover at school but it will be full of fun!

Parents - we need your help to pull this off! This event is aligned with the St. Benedict's Italian Dinner - you are encouraged to volunteer for a chaperone shift and then join your spouse for a 7 course Italian dinner that supports the pilgrims heading to Italy! Or, come for the second shift and take your student home with you at the end.

Chaperones please sign up here: <https://signup.com/go/sscrxmE>

Archangel Sports HS Basketball

Here's the schedule for the remainder of the 2022-23 Season:


Lumen Families and Friends

Save the date: March 1-4, 2023
Basketball Regionals
Hosted by our school,
Lumen Christi

We are excited to support our teams and we need many hands to run the tournament. Stay tuned for opportunities to help.

Teams Include:

- Birchwood
- Cook Inlet Academy
- Holy Rosary Academy
- Nanwalek
- Lumen Christi



Lumen Christi HS Basketball 2023

January

- 17 - Unalaska - 6/7:30 pm
- 18 - Holy Rosary - 6/7:30 pm
- 23 - at BCS - 5/6:30 pm
- 27 - CIA - 4:30/6/7:30 pm
- 28 - Northway - 11 am/ 12:30 pm

February

- 3 - Port Alsworth(Tanalian) - 6/7:30 pm
- 7 - Sand Point - 6/7:30 pm
- 8 - King Cove - time TBD
- 9 - 12 -Lumen Christi Gala - no games/no gym
- 17 -19 - Winter Retreat - youth group - all basketball players invited/10th grade players will attend.
- 21 - HRA - 6/7:30
- 24 - at CIA - 3/4:30/6 pm

March

- 1 - 4 - Region Tournament at Lumen Christi ****

Pending qualifying for State, there will be practice during Spring Break!

- 15 - 18 - ASAA State Basketball Tournament - AK Airlines Center @ UAA

****Games listed in blue are games at which we will have gate and concessions. We will need help to cover these so please consider signing up for a slot opposite your players game. This is also a great way to learn the ropes in preparation for the Region 2 tournament which will need help from everyone to be successful. Thank you!**

JR High Volleyball

Co-ed Jr. High volleyball started this week. They have their first Jamboree this weekend! We look forward to a great season for our Junior High athletes under the direction of Coach Dooley. Please email athletics@lumenchristiak.com for any questions.



Campus Minister Thoughts



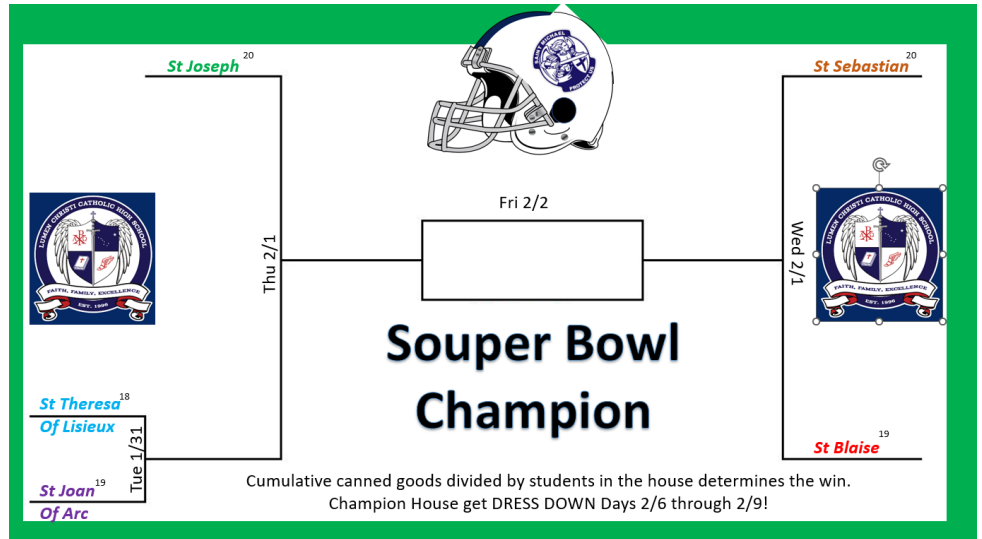
Catholic Schools week is Jan 29th through Feb 3rd. Many celebrations are planned. We will kick off that week encouraging ALL STUDENTS to attend Mass this weekend (Jan 28-29) in **uniform**. This will encourage the students to celebrate being members of a Catholic School, especially on the weekend where second collections are taking place for Catholic Schools in our Diocese. As added incentive, if they attend Mass in uniform, they can get **DOUBLE** Faith In Action Hours in the Parish Column!

During Catholic Schools week, we will encourage the students to pray for the priests in our diocese. As they offer up a prayer, we will ask them to sign a leaf. Each Catholic school in the diocese will be doing the same, and the many different colored leaves collected will be used to create a tree at the annual priest convocation to demonstrate to them, visually how we keep them all in our prayers.





During Catholic Schools Week, we will hold a Canned Food Drive (Souper Bowl) with our sister school SEAS. So when you are out shopping, if you can (Pun Fully Intended) grab a couple extras to share. See the brackets below!



On [Monday January 30th at 1:00pm](#) in the gym we will have an awards ceremony that will celebrate the accomplishments of students in the many aspects of daily school life.

The annual Catholic Schools Mass will be held at [10:00 on Tuesday, January 31st](#). It will be at Our Lady of Guadalupe church and students from the Catholic Schools will be attending and performing many functions during the celebration. If you're able to attend, you would be most welcome.

Parents/guardians, at [7pm on Tuesday, January 31st](#), please join us in the gym for the 7th Annual State of the School presentation by Mr. Ross and others! We will highlight our foundational documents, update you on what we've done over the past year, and where we plan on going in the future! You won't want to miss this!

On [Thursday, February 2, at 1:00pm](#) we will have a vocations panel in the gym. Families are welcome to join. The students will be encouraged to have questions ready for:

Seminarian - Ed Burke

Deacon - Dave Van Tuy!

Catholic Schools Principal - Brian Ross

Married Couple - Bill and Karen Sobelesky



Saint Benedicts Annual Father-Daughter Dance

ALL AGES ENCOURAGED!

Saturday February 4th, 2023

6pm In the Upper Room

Corsages! Great Play list!

Great Snacks! Commemorative Photos!

The annual Father Daughter Dance is on February 4th in the upper room. We need volunteers the night before and immediately the event to set up and tear down. **This is a GREAT WAY for your student to get Parish Faith In Action Hours. Ask if they have signed up.** Having personally attended this dance for a decade, it is truly a joy to see Fathers dancing with Daughters. Did I mention the Daughters get a corsage at the door????

The Winter Retreat is upon us! This is a great opportunity for ALL High School students to be fed spiritually. It is billed as a 10th Grade / Confirmation retreat, but is open to ALL High School students. Held at the picturesque St Teresa's Camp. It will offer great presentations on the Real Presence in the Eucharist as well as other activities that will allow time for students to grow closer to God as well as each other. Permission slips will be going out next week, to have them back before 2/6/23, so planning of food has time to take place.

[w retreat winter.docx](#)



*Winter
Retreat
2023*

"And their eyes were opened and they recognized Him"

February 17-19, 2023
@St. Therese's Camp
Presented by the Saint Benedict
Youth Ministry Team

We will meet out front of Lumen Christi at 3:30 pm on the 17th. | \$95 Fee for retreat | We will return at 3 pm on the 19th.

For more information please contact Gabe at golena@stbenedictsoak.com



St. Benedict Parish News & Invitations

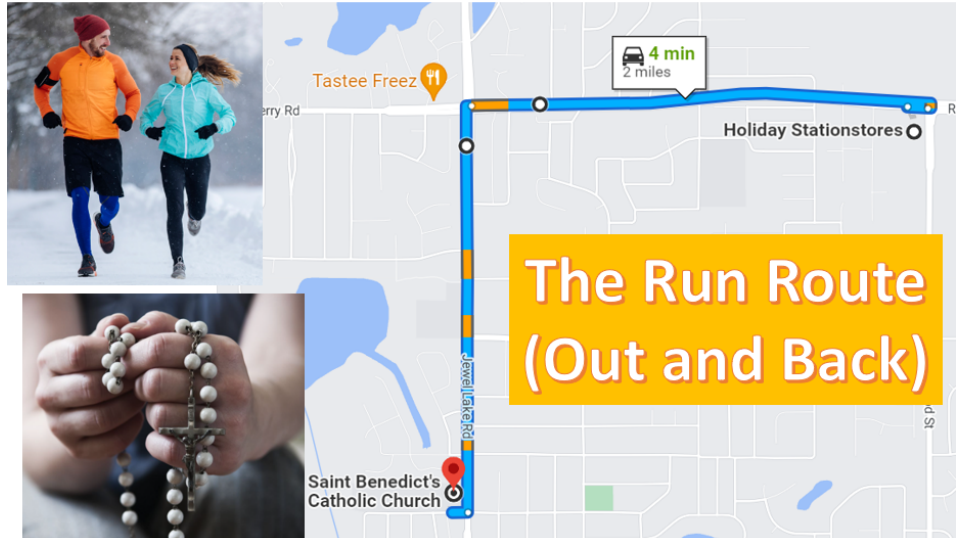
4x4x48 EXTREME RETREAT

3/24-3/26

4Miles or 4 Rosary's

Every 4 Hours

For 48 Hours



We will start at 8pm on 3/24, then every fourth hour afterwards we will start the next 4 miles or 4 Rosaries (What ever you pick at the start will be your choice for the duration, run or rosary)

We will use the upper room to nap-hydrate-nourish and Rosary Central

The locker room showers will be available if needed between runs.

At 9pm on 3/26 we will have a pizza feast for the finishers!

(At any time during the retreat you can bow out, as it is an EXTREME event that not all will finish)



Esto Vir Mens Group

Esto Vir men,
the next Esto Vir is coming!

Faithfully Catholic,
unapologetically masculine
Food and fellowship,
challenge and conversion

St. Benedict men's ministry event

The Food... TBD

The Presentation...TBD

Speaker: TBD

The Schedule...

6:00 Appetizers and fun in the upper room— billiards, foosball, ping pong, and more...

6:30 Dinner and presentation

7:30 Q&A with dessert

8:00 Fellowship in upper room

The details...

Date: Thursday, February 9th

Time: 6-8 PM

Location: In the upper room above the gym

Please RSVP to Gabe O'Lena so we can know how much food to prepare

Email golena@stbenedictsak.com

Suggested donation: 15 dollars

St Elizabeth Ann Seton Catholic School

ST. ELIZABETH ANN SETON
CHILI
COOK-OFF
Saturday
January
28th
6:30pm

BRING THE HEAT!

We need chili entrants!
Do you have a winning chili recipe?
Email Nicole to enter at nicole@akseas.net
Deadline to enter is January 25th

Categories include:
Best Table Decor
Best Overall
Hot AND Tastiest
Most Unique
Vegetarian

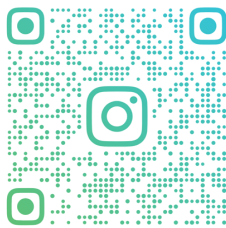
Hot Prizes for the best chili and more!

Free Family Event



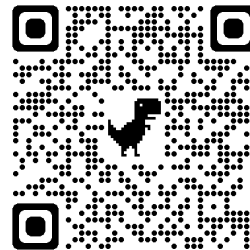
Join in the fun at our sister school and show off your mad cooking skills at the same time! Contact Nicole Branch at nicole@akseas.net or (907) 345-3712 for more information.

Follow Lumen Christi on Instagram and Facebook!



LCHS_STUDENT

https://www.instagram.com/lchs_student/
@LCHS_STUDENT



<https://www.facebook.com/lumenchristiak>

Stay up to date on things at St. Benedict's Parish!



<https://stbenedictsak.com>

Share Hour Opportunities

Basketball Games

<https://signup.com/go/snpjFEv>

28th Annual Gala

<https://signup.com/go/NFZLCJq>

Lock-In Parent Chaperones

<https://signup.com/go/sscrxmE>