



Lumen News

February 9th, 2023

Our Mission:

As a ministry of St. Benedict Parish,
Lumen Christi High School provides a rigorous Catholic education in a Christ-like environment!

Our Core Values:

Living Faith, Celebrating Family, and Achieving Excellence

Important Upcoming Dates

- February 9:** St. Benedict's Esto Vir Men's Event, 6-8pm (details below)
- February 10:** All School Mass and Rosary, 7:45am
- February 11:** **Denim & Diamonds!** Annual Fundraising Gala
- February 16:** P-T Conferences, 2:30-7pm
- February 17:** Inservice Day/No School
- February 17-19:** St. Benedict's Winter Retreat (10th grade and all high school)
- February 20:** No School (President's Day)
- February 21:** School Board Meeting, 6pm
- February 22:** Ash Wednesday (Friday B schedule w/7th period)(Lent Begins)
- February 27:** Stations of the Cross, 7th period
- March 1-4:** Regions BB Tournament (Lumen)(details below)
- March 3:** All School Mass, 7:45am
- March 6:** Stations of the Cross, 1pm
- March 10:** Inservice Day/No School (start of Spring Break)
- March 15-18:** 1A/2A Alaska State Basketball Championships
- March 20:** Return from Spring Break/Stations of the Cross, 1pm
- March 23-25:** 4x4x48 Extreme Retreat (details below)
- March 28:** Spring Speaker Series, 7pm (College Planning)
- April 6:** Holy Thursday/Stations of the Cross, 1pm
- April 7:** Good Friday (No School)
- April 9:** EASTER SUNDAY
- April 10:** Easter Monday (No School)

Principal's Update

Look forward to seeing everyone at the Gala this Saturday.
Thank you all for your help and support!

Virtue of the Week



Please click here for more information on the virtue of the week:

<https://virtuestrength.org/sites/default/files/newsletter-assets/Love%20for%20Neighbor%202022-2023%20%20MINI%20PDF.pdf>

Front Office News



It's Gala Week!

If you can't make it this Saturday no worries! You can still bid online in the silent auction from the comfort of your own home! We have tons of adventures, items, meals, gift cards, desserts and MORE!
Click here to sign up and join in the fun!

<https://lchsak2023.ggo.bid>

ONLY 6 tickets left! Click here to purchase:
<https://lumenchristiak.ejoinme.org/Gala2023>

Valentine's Spirit Week

Mon. Feb. 13	Tues. Feb 14th	Wed. Feb 15th	Thurs. Feb 16th
Valentine Colors	Iconic Couples	Iconic Pairing (Salt/Pepper, Mustard/Ketchup)	PJ Day

Senior Sundae

On **Tuesday February 14th** the Seniors will be hosting a Senior Sundae competition.

This will be a house competition, where students try to decorate their house senior like an ice cream sundae. The house that makes their senior look the best will win free ice cream. After the competition is over the seniors will be selling ice cream sundaes to raise money for their upcoming graduation.

Parent Teacher Conference

Parent Teacher Conference is next **Thursday, Feb. 16th!** We will conduct conferences in the student room from 2:30pm-7pm.

Free Vision and Hearing Screen for all Students!

The Anchorage Lion's Club will be onsite conducting **free hearing checks on Feb. 14th and Vision Checks on Feb. 21st.** All students will be offered the opportunity to get screened but of course are under no obligation to do so. As parents you can tell them to opt out and remain in their classroom when it's their turn to go down. Thank you Lu-Mom Cathy Medland, R.N. for organizing this for our community!

Archangel Sports

HS Basketball

Feb. 9th

Lumen vs Soldotna HS (Girls)

6:15pm

at Grace High School

Feb. 21

HRA

6pm / 7:30pm

Feb. 24

at CIA

3pm / 4:30



Basketball Regionals



Host by Lumen Christi Catholic High School

MARCH 2-4, 2023

WE NEED YOUR HELP!
Click here for volunteer
opportunities:

<https://signup.com/go/snpjFEv>



Campus Minister Thoughts

Our Vocations Panel was a success. The attentiveness of the students was great to see! One of the questions from the students was opened to all the panelists, "What Bible Verse has the deepest meaning to you?"

Kara Moriarti attended and had the great idea that we should share those responses with you all.

Karen Sobolesky

'This is the day the Lord has made, let us rejoice and be glad in it.' Psalm 118:24

This verse reminds me that every day is a gift from God and that everything I am and everything I have is also a gift. I want to be the best steward I can of these gifts as we can never out give God.

Deacon Dave Van Tuyl

"You have been told, O man, what is good and what the LORD requires of you. Only to do the right, to love goodness, and to walk humbly with your God." (Micah 6:8)

- This verse reminds me to avoid my tendency to overcomplicate things and keep things simple. I included this verse on my ordination card.

"Jesus then said to the Twelve, 'Do you also want to leave?' Simon Peter answered Him, "Master, to whom

shall we go? You have the worlds of eternal life. We have come to believe and are convinced that You are the Holy One of God.” (John 6:67-69)

- Whenever I have questions about the challenges of our faith and things that are hard to understand, this verse reminds me that like Peter said, it’s ultimately about believing in who Jesus is and trusting Him. Even if I don’t yet understand everything as well as I might like, I need to be like Peter and stay close to Jesus.

Seminarian Ed Burke

O Lord, it is you who are my portion and cup;
It is you yourself who are my prize.
The lot marked out for me is my delight:
welcome indeed the heritage that falls to me!
-Psalm 16:5-6

This passage sums up my vocation for me. I don't always know all the details of what God's plan is for me, but I have confidence that if I stay close to Him it will be an adventure beyond my wildest dreams.



This is what we have heard from Him and are declaring to you: God is light, and there is no darkness in Him at all.

1 John 1:5

Want to **BOLDLY** display your faith?

See Mr Berry and Order your “Seeking Light” Hoodie!

The Winter Retreat is upon us! This is a great opportunity for ALL High School students to be fed spiritually. It is billed as a 10th Grade / Confirmation retreat, but is open to ALL High School students. Held at the picturesque St Teresa's Camp. It will offer great presentations on the Real Presence in the Eucharist as well as other activities that will allow time for students to grow closer to God as well as each other. Permission slips are due now, so please have your student get them back ASAP

[w retreat winter.docx](#)

Winter Retreat 2023
"And their eyes were opened and they recognized Him"
 February 17-19, 2023
 @St. Therese's Camp
 Presented by the Saint Benedict Youth Ministry Team

We will meet out front of Lumen Christi at 3:30 pm on the 17th. | \$95 Fee for retreat | We will return at 3 pm on the 19th.

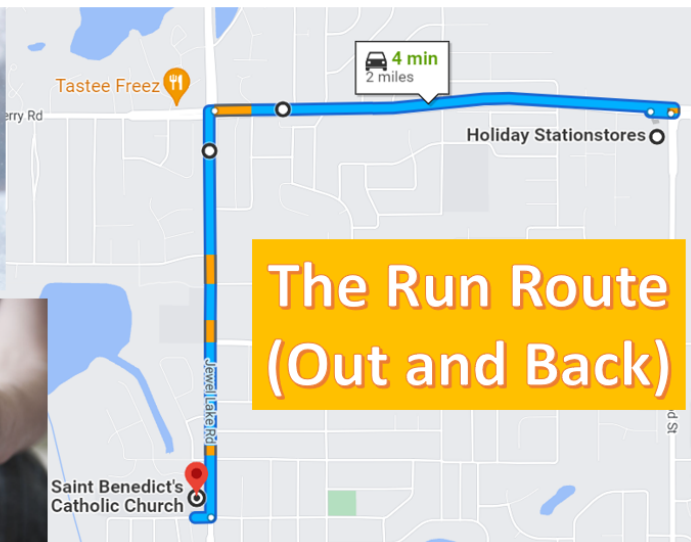
For more information please contact Gabe at golena@stbenedictsak.com

St. Benedict Parish News & Invitations

4x4x48 EXTREME RETREAT

3/24-3/26

4Miles or 4 Rosary's
Every 4 Hours
For 48 Hours



**The Run Route
(Out and Back)**

We will start at 8pm on 3/24, then every fourth hour afterwards we will start the next 4 miles or 4 Rosaries (What ever you pick at the start will be your choice for the duration, run or rosary)

We will use the upper room to nap-hydrate-nourish and Rosary Central

The locker room showers will be available if needed between runs.

At 9pm on 3/26 we will have a pizza feast for the finishers!

(At any time during the retreat you can bow out, as it is an **EXTREME** event that **not all will finish**)



Esto Vir Mens Group

Gentlemen,

The next Esto Vir will be on Thursday, **February 9th**.

Lent is approaching. Have you grown in virtue and holiness in the last year?

St. John Paul the Great reminds us not to be satisfied with mediocrity.

Are we?

At Esto Vir, we will explore what keeps us from becoming a Saint. And now for the unique part, after we hear a pre-lent challenge to train in holiness, we will have the opportunity to go to confession.

Please join us for a great night of faith, food, and fellowship. Invite your friends, all men over 18 are invited.

Join us if you can!

The details are below.

Esto Vir men,
the next Esto Vir is coming!

Faithfully Catholic,
unapologetically masculine
Food and fellowship,
challenge and conversion

St. Benedict men's ministry event

The Food...

steak, deep fried shrimp, onion rings, and more.

The Presentation...

Topic: What keeps you from becoming a Saint?

Speaker: Bob McMorrow

The schedule...

6:00 Appetizers and fun in the upper room— billiards, foosball, ping pong, and more...

6:30 Dinner and presentation

7:30 Q&A with dessert

8:00 Fellowship in upper room

The details...

Date: Thursday, Feb. 9th

Time: 6-8 PM

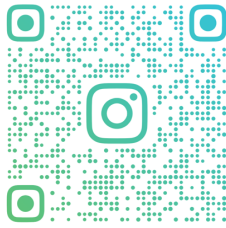
Location: In the upper room above the gym

Please RSVP to Gabe O'Lena so we can know how much food to prepare

Email golena@stbenedictsak.com

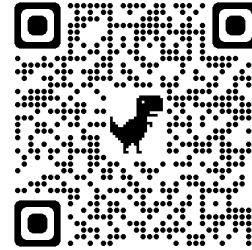
Suggested donation: 15 dollars

Follow Lumen Christi on Instagram and Facebook!



LCHS_STUDENT

https://www.instagram.com/lchs_student/
@LCHS_STUDENT



<https://www.facebook.com/lumenchristiak>

Stay up to date on things at St. Benedict's Parish!



<https://stbenedictsak.com>

Share Hour Opportunities

Basketball Games

<https://signup.com/go/snpjFEv>