



Lumen News

February 23rd, 2023

Our Mission:

As a ministry of St. Benedict Parish,
Lumen Christi High School provides a rigorous Catholic education in a Christ-like environment!

Our Core Values:

Living Faith, Celebrating Family, and Achieving Excellence

Important Upcoming Dates

Feb 27: Stations of the Cross, 1pm

Feb 27: Basketball SENIOR NIGHT vs Birchwood (girls 6pm, boys 7:30pm)(students who attend and wear Lumen spirit wear will earn a casual day on Tuesday, Feb 28)

Mar 1: Guest speaker (Maka Black Elk discussing canonization process for his grandfather, Black Elk) during 4th period, 9:10am-10:40am (Upper Room)

March 1-4: Regions BB Tournament (Lumen)(details and sign ups below)

March 3: All School Mass, 7:45am

March 6: Stations of the Cross, 1pm

March 10: Inservice Day/No School (start of Spring Break)

March 15-18: 1A/2A Alaska State Basketball Championships

March 20: Return from Spring Break/Stations of the Cross, 1pm

March 23-25: 4x4x48 Extreme Retreat (details below)

March 28: Spring Speaker Series, 7pm (College Planning)

April 6: Holy Thursday/Stations of the Cross, 1pm

April 7: Good Friday (No School)(Archdiocese Faith Walk)

April 9: EASTER SUNDAY

April 10: Easter Monday (No School)

April 16-22: CLOSE UP Trip to Washington DC

April 18: School Board Meeting, 6pm followed by Townhall meeting to discuss move to 3A sports, 7:15pm

April 19: JH PSAT Testing/HS "Day of Service" (details to follow)

April 20: Principal-Parent Forum, 7pm followed by Townhall meeting to discuss move to 3A sports, 8pm

April 28: Community Talent Show, 6-8pm (details below)

April 29: High School Prom–Viking Hall, 8-11pm

May 5: Last Day with Class of 2023 (Transfer of the Light of Christ Mass @ 7:45am)

May 10: Class of 2023 Baccalaureate Mass, 7pm

May 11: Class of 2023 Graduation, 7pm

May 22-23: Final Exams (dismissal at 1pm)

May 23: Students Last Day/Summer Break Begins!

Principal's Update

I encourage you to read all of Lumen News and take notice of the amazing final numbers earned at the Gala, the news from our National Honor Society, the need for parent assistance at the Regions Basketball Tournament next week, and the great success of the Winter Retreat last weekend! We hope that this information will continue to keep you well informed of all the great things happening here at Lumen!

In other news, our illustrious School Board has wrapped up its inquiry and fact-finding session about the public correspondence school allotment program and is working on interim guidance for current and prospective parents for we intend to proceed.

On Wednesday, our students attended Ash Wednesday Mass and started our 40 day journey of Lent. We are encouraging our students to pray, give alms, and fast during this time and, as a school, we will complete some time honored Lenten traditions including:

- Every Monday (see schedule above), we will hold Stations of the Cross here in the school building at 1pm. Parents are invited to walk with our students through this simple, yet moving, devotional prayer activity in which our upperclass lead their Houses through the 14 stations of the Passion of our Lord Jesus Christ, from His condemnation by Pilate to His death and His entombment. Just meet at the gym at 1pm every Monday starting Feb 27th! We will complete the Stations of the Cross on Holy Thursday, April 6, at 1pm as our final school activity before dismissing for the Triduum and Easter Sunday and Monday.
- On Fridays during Lent, our staff members volunteer to make meatless soups and other dishes for lunch for purchase by staff and students for \$2 per bowl. Proceeds from these Lenten soup lunches will go to a charitable organization of the staff's choosing. Please consider sending cash with your son or daughter on Fridays and encourage them to support this long time Lumen tradition.
- Our Student Leadership Board (SLB) is organizing another school wide canned food drive, this time to support the Knights of Columbus "40 Cans for Lent" drive throughout Alaska. The House which brings in the most number of cans (average per student) will earn a casual week after Lent. Cans (no Ramen, please) are due on Tuesday, April 4, during Holy Week. Make a small sacrifice and turn it into a big difference in the lives of others.
- Additionally, Mr Berry has challenged the students in Houses to save their extra change and support Operation Rice Bowl (<https://www.csricebowl.org/>) for Catholic Relief Services. The House that collects the most amount of change and cash will earn a casual day after Lent. Donations for the Rice Bowl provide lifesaving support to nearly 200 million people in over 100 countries.
- Each year, many of our students and families participate in the Good Friday Faith Walk, from St. Benedict's to downtown Anchorage. There is no school that day and the Faith Walk is a great opportunity for families to earn both Share Hours and Faith in Action hours, while walking the Way of the Cross. More details to follow but save the date for Friday, April 7.
- Finally, most of the teachers in our school have challenged our students to fast or abstain from certain things over the course of our Lenten journey, from not allowing sweets and snacks in Mrs. Spillers' classes to the Lenten Language Clean-Up in Dr. Carlson's room. We encourage you to organize your own challenges at home during this Lenten penitential season!

Good luck to our boys and girls basketball teams as they head to games against Cook Inlet Academy in Soldotna on Friday, to our junior high volleyball team as they compete in jamborees on Friday and Saturday, and to the members of our Debate team as they compete in the ASAA/First National Bank DDF State Championships at Bettye Davis East High School Friday, Saturday, and Sunday as well!

Virtue of the Week



Please click here for more information on the virtue of the week:

<https://virtuestrength.org/wp-content/uploads/2023/02/Compassion-2022-2023-PDF-Mini-NEW.pdf>

Front Office News



Bdbdbdbdbdbdbdbd.....Drum Roll Please!!!

Final numbers are in for the Gala and while they may shift a tiny bit up or down with last minute charges/expenses, know that our final tally is → **\$221,090** ← !!

We can't thank everyone enough who supported the event in so many ways: donating, volunteering, decorating, attending, filling a table with friends, cleaning up afterwards! This amount reflects a **record amount** of giving and we're humbled by the outpouring of support for our school, from the community. THANK YOU.

We still have 9 totes of **LAUNDRY** that we could use help with. Tablecloths, napkins, sashes....they all need to be washed, dried and folded before being put back into storage for next year. Each tote is prepacked with like items (e.g., all tablecloths, or all napkins) and comes with laundry instructions. And of course there are Share Hours available for this at home task! Email Anne at agore@lumenchristiak.com if you'd like any totes sent home with your kids. Thanks in advance for your help!

Archangel Attic

We've got some shifts at the Archangel Attic that need to be filled - can you help? **This coming Saturday, February 25th we need one person from 10a-1p.** On March 11th we need 2 people from 1p-4p. Other shifts are also available, click here to see where the needs are: <https://signup.com/go/MjHfAVB>

Upcoming announcements from NHS:

National Honor Society tutoring is expanding from every Wednesday during 7th period AND ALSO after school from 2-3pm.

NHS is asking for volunteers to help at the St. Francis Food Pantry on Friday March 3 after school until 3pm. Lumen transportation will be provided and sign up will be on the Faith in Action Board.

NHS will begin an ongoing donation drive for AARF (Alaska Animal Rescue Friends) that are in need of gently used pet supplies. These supplies include sheets and towels (or other pet bedding), dishes, leashes, toys or even food. Please look for the donation trash can popping up soon near the office. Note we are not asking for new items, used is preferred and this will not be a competition among houses. Please bring in items as you come upon them over the next few months.

Gala Lost and Found



Contact the Front Office if you're missing any precious gems from the night of the Gala!

- * Clip on teardrop shaped earrings (2)
- * Pendant/Brooch
- * Clip on round earring (1)
- * Sparkly hair barrette
- * Men's black metal ring

Archangel Sports

HS Basketball

Feb. 24
at CIA
3pm / 4:30



Basketball Regionals



Host by Lumen Christi Catholic High School

March 2nd - 4th

Fill ins needed:

Thurs. Mar. 2nd

Concession Stand // 2:15-4:00 pm (1 person)

Admission Gate // 3:45-5:30 pm (1 person)

Dinner: Crockpot // 4:30 pm (Bring In)

Dinner: Snacks, Veggie Tray, etc. // 4:30 pm (Bring In)

Concession Stand // 7:15 pm - 8:30 pm (1 person)

Fri. Mar. 3rd

Drinks: Water, Soda, etc. // 1:00 pm (Bring In)

Dinner: Chips, Veggies, Snacks, etc. // 4:30 pm (Bring In)

Dinner: Dessert // 4:30 pm (Bring In)

Drinks: Water, Soda, etc. // 4:30 pm (Bring In)

Admission Gate // 7:15 pm - 8:45 pm (1 person)

Sat. Mar. 4th

Concession Stand // 8:30 am - 10:30 am (2 people)

Lunch: Crockpot // 11:15 am (Bring In)

Lunch: Sandwiches // 11:15am (Bring In)

Concession Stand // 11:30 am - 1:00pm (1 person)

Concession Stand // 1:00 pm - 2:45 pm (1 person)

Sign up here if you would like to volunteer for Parent Share Hours:

<https://signup.com/go/snpjFEv>

Campus Minister Thoughts



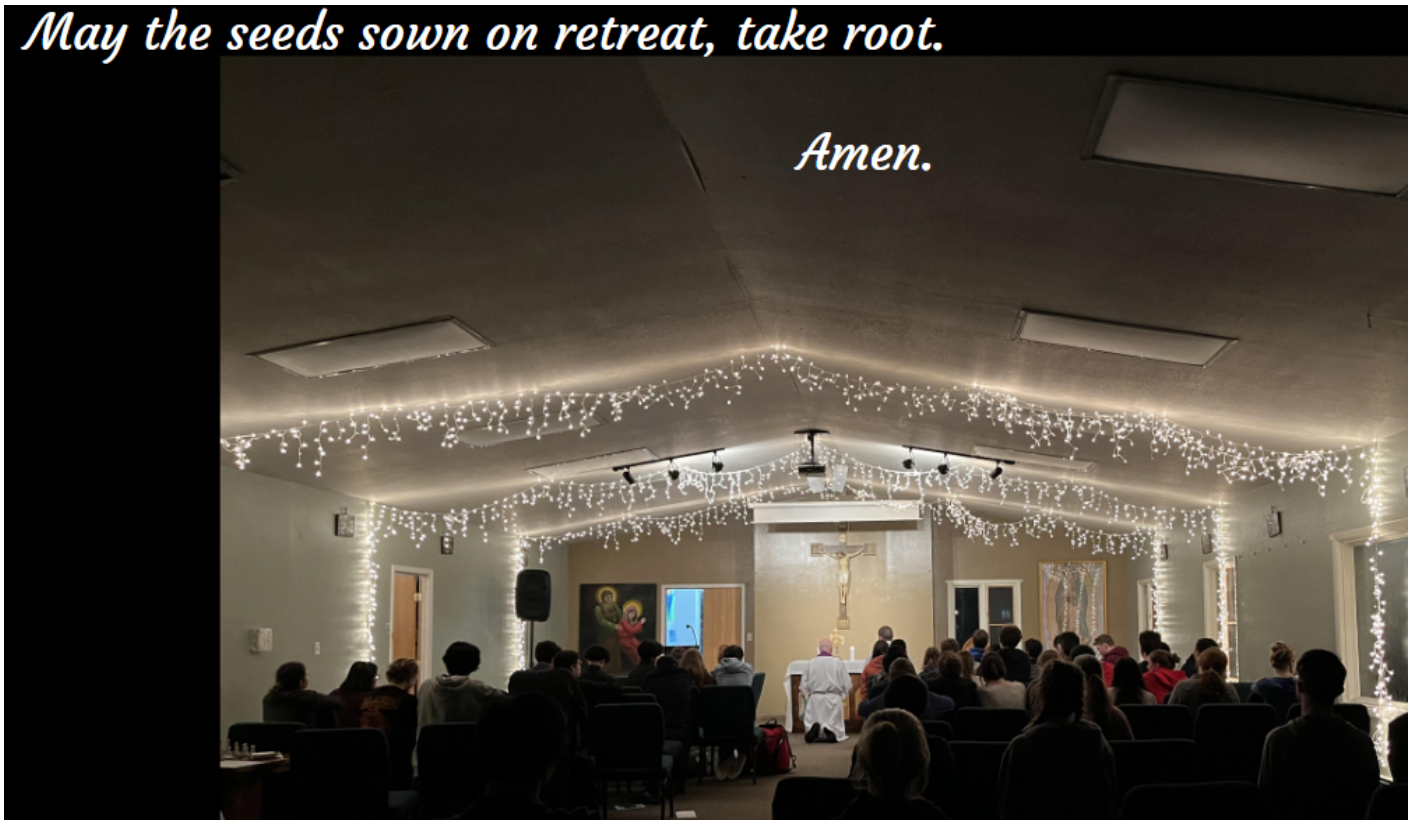
The retreat was a success! The learning, the time in adoration, the laughs, the great food, the epic ping pong matches, the snow football game, the sledding, the highly spectated chess matches, the bonfire, the lack of sleep and the fellowship.

My personally favorite part was the small group discussions after each of the teaching sessions. The kids got to really dissect what they had learned and bounce it off peers as well as leaders.

My prayers are that the many friendships created will bear fruit for years to come. More so, that the knowledge they gathered on the real presence in the Eucharist will bring them to a deeper love and yearning for adoration. Ed Burke, our seminarian, is on a mission to fill every hour slot on his adoration board, so it is not too late to spend time with the Lord. it is NEVER too late!

May the seeds sown on retreat, take root.

Amen.





On April 28th, we will have a Community Talent Show! Do you have talent?
Does your student have a talent?

Magic? Dance? Sing? Poetry? Rubik's Cubes? Pogo stick? Unicycle? Dad Jokes?

Please COME SHARE it with us on the stage in the Lumen Gym at 7pm.

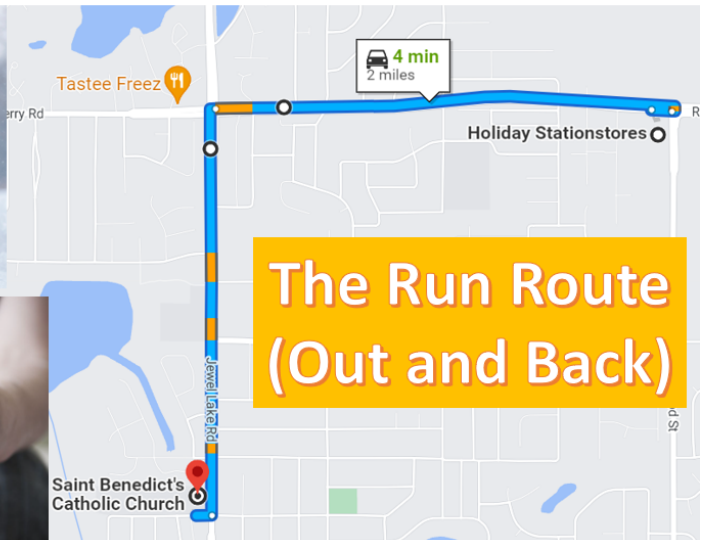
Each act will have approximately 3 minutes to WOW the judges..... Yes, judges.

St. Benedict Parish News & Invitations

4x4x48 EXTREME RETREAT

3/24-3/26

4Miles or 4 Rosary's
Every 4 Hours
For 48 Hours



The Run Route
(Out and Back)

We will start at 8pm on 3/24, then every fourth hour afterwards we will start the next 4 miles or 4 Rosaries
(What ever you pick at the start will be your choice for the duration, run or rosary)

We will use the upper room to nap-hydrate-nourish and Rosary Central

The locker room showers will be available if needed between runs.

At 9pm on 3/26 we will have a pizza feast for the finishers!

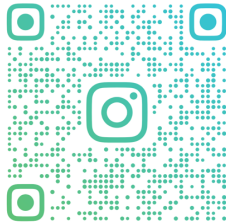
(At any time during the retreat you can bow out, as it is an EXTREME event that not all will finish)



Esto Vir Mens Group

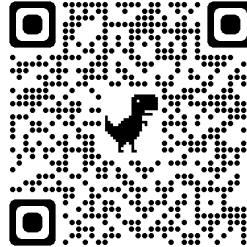
Next Esto Vir Mens Group to be Announced...

Follow Lumen Christi on Instagram and Facebook!



LCHS_STUDENT

https://www.instagram.com/lchs_student/
@LCHS_STUDENT



<https://www.facebook.com/lumenchristiak>

Stay up to date on things at St. Benedict's Parish!



<https://stbenedictsak.com>

Share Hour Opportunities

Basketball Games

<https://signup.com/go/snpjFEv>

Archangel Attic

<https://signup.com/go/MjHfAVB>