



Lumen News

October 13th, 2022

Our Mission:

As a ministry of St. Benedict Parish,
Lumen Christi High School provides a rigorous Catholic education in a Christ-like environment!

Our Core Values:

Living Faith, Celebrating Family, and Achieving Excellence

Important Upcoming Dates

- October 13:** Lumen Spirit Wear Day (start of Spiketacular Tournament)
- October 13-15:** Girls VB Spiketacular @ Lumen (see sign up below)
- October 14:** All School Rosary and Mass, 7:40am
- October 15 (Saturday):** PSAT Testing, Grades 9-11 @ SEAS, **7:45am showtime, 8am start**
- October 15:** Archangel Attic Open
- October 17:** Northern Arizona University Information Visit, 1pm
- October 18:** University of Portland Information Visit, 1pm
- October 21:** Inservice Day (**No School**)
- October 22:** Archangel Attic Open
- October 23-25:** St. Benedict's Parish Mission
- October 27:** Parent Teacher Conferences at 2:30-7pm
- October 28:** Inservice Day (**No School**)
- October 29:** Archangel Attic Open (two parent volunteers needed)
- October 29:** Halloween Movie Night, 7-10pm
- November 1:** All Saints Day Mass @ 7:45am (Friday A schedule w/7th period)
- November 11:** All School Rosary and Mass
- November 11:** Saint Elizabeth Ann Seton Gala
- November 17-19:** Girls VB Regions
- November 24-25:** Thanksgiving Break (**No School**)
- November 27:** First Sunday of Advent
- November 29:** HS Advent Reconciliation Service, 12:50-2pm
- November 30:** JH Advent Reconciliation Service, 12:50-2pm

Principal's Update

What a great week last week! From hosting Mr. Chris McKenna from Protect Young Eyes on Thursday, to kicking off the national Faith and Blue Weekend with an ice cream social with the Anchorage Police Department and the Alaska Police and Fire Chaplains on Friday, to seeing our girls volleyball team return from a successful trip to Unalaska, we were truly blessed with Faith, Family, and Excellence in our community.

This week, we look forward to some exciting girls volleyball action as over a dozen teams from around Alaska compete in our Lumen "Spiketacular" Tournament. Check below for the game schedule. We are encouraging our students to attend at least three games to earn a casual day, and we are incentivizing our student Houses to attend the Friday 6pm varsity game vs New Stuyahok. If 50% of a student House comes on Friday evening, the entire House earns a casual day! We could also use parent support in our concession stand, collecting gate entrance monies, and other areas (see Remind message and sign up below). So come on out to support our Lady Archangels and our school!!

Our Spanish classes are leading the school Rosary and Mass on Friday morning—this is an awesome way to start your work day. Drop off your son or daughter, come up to St. Benedict's church, and join us in prayer and the Sacrament of Holy Communion—you'll be back on the road by 8:40am!

Finally, please pray for our high school students as they take the PSAT on Saturday morning at St. Elizabeth Ann Seton (gym). Arrive by 7:45am for an 8am start time. The PSAT is the only standardized testing we do here at Lumen and provides parents and students with data regarding performance in English Reading and Writing and Math. The PSAT also provides the school staff data on how to tailor our pedagogical approaches to ensure our students are meeting and exceeding national benchmarks. Junior high students will take the PSAT 8/9 in the spring semester.

Virtue of the Week



You can talk about the Virtue of the Week more at home using these resources:

<https://www.sportsleader.org/sites/default/files/newsletter-assets/Trust%20Keynote%202022%20Mini%20PDF.pdf>

This week our strength building on the virtue of Hope
is TRUST.

The strength to confidently believe in someone
regardless of the situation.
It is truly a blessing to find a person who is genuinely
TRUSTWORTHY.
TRUST is one of the building blocks every good family
and community is built on
Archangel Sports

HS Volleyball

Spiketacular Tournament

October 13th-15th



Admission: Adults are \$5 per day or
\$10 for a tournament pass.
Students are \$3 per day or \$5 for a tournament pass. Seniors/Elders
(over 65) are admitted free.

Thursday, October 13th

2:15 PM	Court 2	Lumen V	VS	Su-Valley
3:45 PM	Court 2	Lumen V	VS	Nenana
4:30 PM	Court 1	Lumen JV	VS	Birchwood JV
5:15 PM	Court 2	Lumen JV	VS	Glenallen
6:45 PM	Court 2	Lumen V	VS	Bristol Bay
7:30 PM	Court 2	Lumen JV	VS	Galena

Friday, October 14th

12:45 PM	Court 1	Lumen V	VS	Tri-Valley
1:30 PM	Court 1	Lumen JV	VS	Ninilchik
2:15 PM	Court 1	Lumen V	VS	Glenallen
3:00 PM	Court 1	Lumen JV	VS	Dillingham
4:30 PM	Court 2	Lumen V	VS	TOK
5:15 PM	Court 2	Lumen JV	VS	Tri-Valley
*** 6:00 PM	Court 2	Lumen V	VS	New Stuyahok
6:45 PM	Court 2	Lumen JV	VS	Nenana

Saturday, Oct. 15th

TBD

*** Our Lumen students will have two chances to earn a casual day!
If 50% of their school saint house attend the 6pm(*) Friday game,
the entire house earns a casual day.
If students attend three games (outside school hours) during the tournament,
she/he will earn a casual day!
Hope to see lots of Lumen parents and students there!

October 21st
at CIA (Away)

October 22nd
at Ninilchik (Away)



Jr High Basketball

Practices held on
Mon.-Thurs.
3-4pm (Boys)
4-5pm (Girls)

October 18th
VS Birchwood
at 5pm
Lumen Gym

Front Office News

LUMENary Drive Update

Woouooooot! We're off to a GREAT START! Thank you to the 23 families (29%!) who have donated so far. Along with the staff, School Board, Saint Benedict Parishioners and other donors, we've already surpassed \$25,000 in total gifts. THANK you! Giving is easy, you can drop your gift at the Front Desk, mail in a check, phone in a credit card - or easiest of all...give on-line!

Just click **RIGHT. HERE.**



<https://lumenchristiak.org/lumenary-campaign/>



Easy Peasy Lemon Squeezy.....and THANK YOU.

Parent Share Hours Opportunity

The Spiketacular Tournament is happening NOW! We're still in need of parent volunteers to help with the concession stand and admission gate. Please sign up here to earn some parent share hours:

<https://signup.com/go/KKSOWwA>

Additional Parent Share Hour // Student Faith in Action (FIA) Opportunities

Contact Anne for information about any of the upcoming events that could use Parent and/or Student support.

1. El Senor de Los Milagros Celebration, Sunday, October 23rd (see details below)
2. AK Veteran Museum "Telling Alaska's Stories" event, Tuesday, October 25th could use 2 more student volunteers.
3. Saint Elizabeth Ann Seton Halloween Carnival, Friday evening, October 28th needs one parent to provide oversight for Lumen students who are volunteering.
4. Friends of the Library book sale, November 4th could use more student volunteers.
5. Saint Elizabeth Ann Seton Gala, Friday, November 11th could use more student volunteers.
6. The Archangel Attic can always use additional student hands to help keep the place tidy and place new donations every saturday.

Encourage your students to sign up and get involved!

El Señor de Los Milagros Celebration

Our Lady of Guadalupe Cathedral would like to extend a formal invitation to our Lumen Christi families to attend mass and participate in this rich and ancient tradition from Peru.

Mass will be on October 23rd at 11:30am

OLG will reserve pews for our students and parents, along with a table for the meal after the procession. Please consider attending this amazing celebration! Parents will earn Share Hours and students will earn Faith in Action hours for attending!

NHS

National Honor Society is offering a writing workshop every Wednesday during 7th period in Mrs. Craig's room. Encourage your students who may need a bit of help with this portion of their language arts classes to come and join!

College, Career, and Vocation Information

Please click on the link below for the most current information from our Dean of Academics and Senior Advisor, Mrs. Brewer. This is great information not just for our current seniors and their families, but juniors and their families too - it's never too early to start planning for your time after high school!

[College, Career, and Vocation Information](#)

Yearbook

Hello Lumen Families! We need your help!

To make our YB as fun and diverse as possible, we would like to invite you to submit photos of the following:

- Outside of Lumen Sports photos: If your child is in any sports not organized through Lumen, we would like pictures of them in action -- preferably just them and not a team picture. We want to showcase their talents.
- Prom 2022 photos: Since the Prom is always after the submission of the yearbook, pictures are included in the following year's yearbook. Pictures from the 2022 Prom -- particularly group photos -- would be greatly appreciated. We would also not like to be limited to just the photos we took.
- Lumen Family Photos: If you have two or more children at Lumen, we are looking for photos of them together. We have a list of each family group and we would like to see them included. For example, the Everard family. They have three children here at Lumen. They will send a photo of Kateri, Vincent and Nadya portrayed in a photo that was taken somewhere else but Lumen.
- If we do not receive a submission for a family, the Yearbook Team will take a picture of them at school together.
- Lastly, we are including a new page: Lumen Pets. We are looking for pictures of family pets. Please send the photo with the name and family name to our YB email. They can be with or without their human family in the photo.

We will be accepting any photos by December 1, 2022 . Please make sure all images you submit are clear and in focus. All images can be emailed to yearbook@lumenchristiak.com.

Thank you so much for your help!

The Lumen Yearbook Staff

SEAS Auction

Come support our sister school! Their annual auction is November 11th!

YOU'RE INVITED

*Saint Elizabeth Ann Seton
School Auction*

FRIDAY **11** NOVEMBER
2022

Auction Schedule

Silent Auction Item Viewing 4:30pm - 5:30pm
Items will be displayed throughout school.
No charge to view silent auction items.

Auction Attendees
Doors open at 5:30pm
Dinner is at 7:00pm
Live Auction starts at 7:30pm

Consider registering for the auction prior to visiting. Follow the link or use the QR codes to register. All proceeds benefit the school.
<https://seas.schoolauction.net/2022/signup>

Auction Site to Register Facebook Event Page



GALA: We need Glass Bottles

YES - We still need glass bottles! The Gala Decorations Team is still looking for glass bottles (no taller than 8") and will be accepting them up until December 1st. Please drop off glass bottles with Ms. Gore or Mrs. Guzman. Thank you!



Community Opportunity/News:
St. Benedict Invitations

23
Oct

6:00 PM

Prayer and Adoration

7:00 PM

"God, I Really Don't Have Time for This!" Deep prayer in a busy life

8:00 PM

Octoberfest Dinner and Fellowship

24
Oct

6:00 PM

Prayer and Adoration

7:00 PM

"I want to be like you!" Incredible Saints help us on our journey.

8:00 PM

Octoberfest Dinner and Fellowship

26
Oct

6:00 PM

Prayer and Adoration

7:00 PM

"Unlock the Treasure" Are you content with one coin when God wants to give you billions.

8:00 PM

Octoberfest Dinner and Fellowship

Other talks:

High School Youth- True Love, How Will I Know? With Christ as the supreme example, Patty explains how we are called to love one another as Christ loved us, in and through our bodies. - Sunday, October 23rd from 4-5:45 in the room above the gym

Women's dinner and talk- Join us for an Italian dinner and a great time! Wednesday, October 26th at 6:30 PM in the church basement
Discover how you can live in the joy and freedom of being "God's Masterpiece"— amidst the laundry and dirty dishes of ordinary life.

Parish Mission





ITALIAN
DINNER
FUNDRAISER
AND AUCTION

7 COURSE ITALIAN DINNER
SATURDAY, OCTOBER 22ND 6 PM
\$30 PER TICKET

SUPPORT OUR PILGRIMS!

SUPER SUNDAYS
FAITH-FAMILY-FUN

**BEGINS
 SEPTEMBER 25
 ENDS
 APRIL 30**

**CHILDREN,
 YOUTH,
 AND ADULT
 FAITH
 FORMATION**

12:00 - 1:30 FREE TIME IN GYM
1:30 - 2:00 PRESENTATION FOR THE ENTIRE FAMILY
2:00 - 3:00 CLASS TIME FOR PRE-K - 8TH AND ADULTS
4:00 - 5:45 CLASS TIME FOR 9TH, 10TH AND CONFIRMATION

GAMES | PRIZES | FELLOWSHIP

SEAS Trivia Night

Join our sister school (Saint Elizabeth Ann Seton) for some Trivia!

Saint Elizabeth Ann Seton
Doors open at 6pm
4-6 people per team - \$150 team registration
 call to register 907-644-9714

Bring Cash for night of games!

TRIVIA NIGHT

GRAND PRIZE \$500

Trivia Competition Dates
 October 1st, December 10th
 January 21st & March 4th

Theater Opportunity:

Calling all actors! Lumen Christi students are eligible and welcome to join Dimond High School Theater's "Broadway Boot Camp" which runs October 26th - 29th. See the flyer below for details.

Dimond High School Theatre Presents
Broadway Boot Camp 2022

THE HEROES AND VILLAINS OF BROADWAY

Special times for ASD Parent Conference days!

Dimond High School	Oct. 26: 3pm - 8pm
October 26 - 29, 2022	Oct. 27: 12 - 8pm
\$50.00 Per Student	Oct. 28: 8am - 5pm
	Oct. 29: 8am - 8pm

Open to ALL Anchorage School District, Private and Homeschool students Grades 8 -12

4 Day intensive workshop includes:
Workshops in vocalization, choreography, acting, dialects and leadership.
Workshops in set design, costuming and stage makeup.
Solo Opportunities Available!
Daily snacks and a catered dinner on Saturday before a Showcase Performance of songs from these Broadway shows:

Newsies, Catch Me if You Can, Matilda and A Gentleman's Guide to Love and Murder.
(Bonus set from Mama Mia!)

Register online: ASD Students can pay through ParentConnect Outside of ASD, please contact Mrs. Smith to make payment arrangements. Carrie Smith, Theatre Director smith_carrie@asdk12.org 907-742-7026 * 907-244-2227	Welcome Back! J.W. Anderson Guest Artist/Director American Academy of Dramatic Arts-NY graduate. Accomplished musician, actor, vocal coach, choreographer and producer. Motivational speaker for Int'l Arts and Leadership Alliance Project. Two-time BBC guest artist/director!
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The Alaska Veterans Museum

The Alaska Veterans Museum will be hosting an event on Alaska Highway Day, **25 OCT** at 6:30 pm. It will be a reader's theater featuring the stories of the men who built the Alaska Highway.

The sponsors are looking for four students to help set up chairs, hand out programs, etc. This would be a great Faith in Action activity for your Archangel - help out and learn Alaska history while they're at it! Encourage your student to talk to their Advisor for more information.

All are welcome to attend, it's a free event, donations are welcome.

<https://www.alaskasnewsresource.com/2021/10/26/telling-alaskas-story-honoring-african-american-soldiers-who-helped-build-alaska-highway/?outputType=amp>

40 Days for Life Alaska

Hello, friends of 40 Days for Life Alaska!

First, the updates:

- The vigil web site is live and ready for sign ups! The vigil runs September 28 to November 6 from 7am to 7pm. You can look at the vigil details and sign up for hours at www.40daysforlife.com/en/anchorage. You will need to make an account to sign up for

hours. For help signing up, especially if you don't want to create your own account, please contact Kay at 907-301-6869.

- Our opening prayer service is Saturday, October 1 at 330pm at St. Elizabeth's Catholic Church, 2901 E. Huffman Road. It is coming together! Two women who have had abortions, regretted them and journeyed toward healing with Project Rachel, are going to speak. We will pray, and we will sing! Let us praise God and beg His assistance together. Please mark October 1 at 330pm on your calendars – opening prayer service.
- A local group has committed to filling our vigil on Tuesdays from 1 to 7pm, with four people in each hour. Wow!! Can you gather a group to fill a chunk of hours? Please pray about it and let me know.

And requests for help:

- Do you know of any business near Planned Parenthood that might allow us to park in their parking lot? Please let me know if so.
- Do you know of any business near Planned Parenthood that might allow us to store signs during hours that our vigil does not fill? (as well as overnight, 7pm to 7am, if possible) Golden Donuts has done this for us in the past, but unfortunately, they are not going to do that this year.
- I need help contacting area churches to share the vigil with as many people as possible; planning the prayer service (worship handout, gear table, decorations); speaking at area churches; putting signs together; and more. Contact me if you can help!

Please pray for God's grace to pour out us as we prepare for our vigil. Let's beg Him to open the hearts of all who live here to end abortion in our city.

In Christ, for the unborn and their parents –

Mary Kemper

Esto Vir

Esto Vir men,
the next Esto Vir is coming!

Faithfully Catholic, unapologetically masculine Food and fellowship, challenge and conversion St. Benedict men's ministry event

Food: German Sausages, cheese kraut balls and more

Topic: "The History and Beauty of Catholic Classical Music and Opportunities to Hear it in Anchorage"

Speaker: Greg Gallagher

6:00 Appetizers and fun in the upper room— billiards, foosball, ping pong, and more...

6:30 Dinner and presentation

7:30 Q&A with dessert

8:00 Fellowship in upper room

The details...

Date: Thursday, Oct. 13th

Time: 6-8 PM

Location: In the upper room above the gym

Please RSVP to Bob McMorrow so we can know how much food to prepare

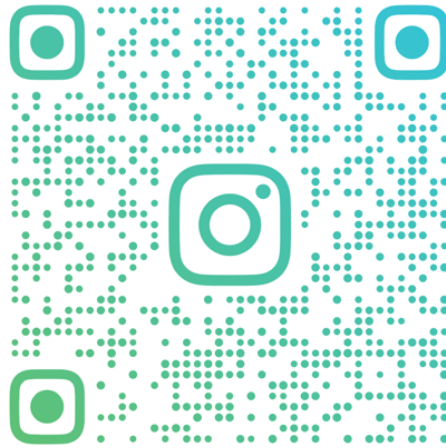
Email rmcmorrow@stbenedictsak.com

Suggested donation: \$15 dollars

If you can't make this *Esto Vir*, please put Nov. 10th on your calendar, it would be great to share food, faith, and fellowship with you.

-In God's Love
Bob

Follow us:



LCHS_STUDENT

https://www.instagram.com/lchs_student/

@LCHS_STUDENT

Volunteer/Parent Share Hours Opportunities

Spiketacular SignUp-
<https://signup.com/go/KKSOWwA>

Archangel Attic -
<https://signup.com/go/MjHfAVB>