



FAITH * FAMILY * EXCELLENCE These are Lumen Christi's Core Values. In this issue of the Lumen Messenger, we dedicate one page to each Core Value, with photos and text to share how Lumen Christi students are living out that particular Core Value in their lives at school. Thank you for your past and future support of Lumen Christi Catholic High School.

Junior High - Faith In Action!

While our high school students took the PSAT/SAT in October, junior high students set out into the community. They started the day with Mass at Blessed Sacrament Monastery. Then they divided into two groups: one went to Prestige Care and the other to Saint Patrick Parish. At Prestige Care it was "show and tell" entertainment with the residents, who were so happy to see the young students join in karaoke and some light exercises. Our kids shined!



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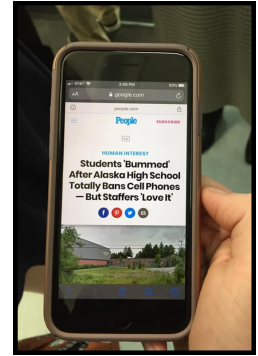
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Keeping the Family off the Phone!

The story of our “no cell phone policy” during the school day literally took the topic to a national discussion, from Newsweek and People magazine to TV stations around the US. Lots of good publicity for our Archangels! Students and faculty have adjusted and are noticing a big difference in the school community.



The Family in the Kitchen!

This quarter's “Intensive” is Culinary Arts, taught by alumni mom, Carol Sturgulewski. Under Carol's watchful eye our budding Archangel chefs refine their cooking skills. They will even prepare pies for Thanksgiving. Carol donates her time and the students love her class. Thanks, Carol!

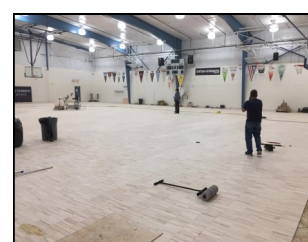


The Lumen Family is Multicultural!

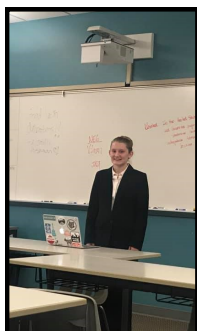
Our school is enriched by cultures from around the world. In the Class of 2020, alone, we have students from the Native Alaskan community, as well as Cambodia, Venezuela, Paraguay, and Vietnam. Our Spanish class recently celebrated Hispanic Heritage Month, highlighting “Día de los Muertos.”



EXCELLENCE



The new gym floor project has slowed down but is still expected to be completed before Thanksgiving!



Under the guidance of Mrs. Kelly Reed, our students are once again competing in Speech and Debate. Their first competition resulted in awards for Vaeda & Jack!



Our Lady Archangel volleyball team! Players recently competed in the annual "Spike-tacular" Tournament. Seniors include Sophia, Mollie, Mai, Kaiya, and Neat. Thank you for playing your hearts out for Lumen!



Our Lady Archangels basketball team.



Our Junior High B-Ball teams "hanging out!"



The Organelles Campaign (Biology) came to a head on "Election Day." Mitochondria, Ribosomes, Cell Membrane, Cytoplasm and Chloroplast presented their campaign speeches and elections were held. Ribosomes took home the victory! A fun way for our students to study the structure of human cells!